

INSTALAZIOEN ERABILERA: SOINKETA-GELAK, TATAMI-GELA eta CYCLING-GELA

kodeak		Ikastaroak			Erabiltzaileak			Ballet		Jazz Dantza		Karate		Judo		
ORDUTEGIA		07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	
Astelehena	Cycling-gela				Fit Bike 1			Fit Bike 2					Fit Bike 3	Fit Bike 4	Fit Bike 5	
	Soinketa-gela 1			Fit-Integral a1					Multi Fitness			D.klas 9/10	DKlas10/12	Fit-Rope 2		
	Soinketa-gela 2					>65 Fit-integrala						Jazz 10/11	Pilates 3	Pilates 4	Pilates 5	
	Tatami-gela											K <10	K 6/13	K >13	K.NAGUSIAK	
Asteartea	Cycling-gela												Fit Bike 6	Fit Bike 7	Fit Bike 8	
	Soinketa-gela 1			Fit-Rope 1								Ballet 4/5	Ballet 5/6	Ballet 7/8	DBH2/3	Nagusiak
	Soinketa-gela 2				Pilates 1	Hipopres 1			Hipopres 2	DBH1		Jazz 8/9	Zumba	Fit-integrala2	Hipopres 3	
	Tatami-gela											BENJAMIN	2005-	SENIOR		
Asteazkena	Cycling-gela				Fit Bike 1			Fit Bike 2					Fit Bike 3	Fit Bike 4	Fit Bike 5	
	Soinketa-gela 1			Fit-Integral a1					Multi Fitness			D.klas 9/10	Dantza Klasikoa10/12	Fit-Rope 2		
	Soinketa-gela 2					>65 Fit-integrala						Jazz 10/11	Pilates 3	Pilates 4	Pilates 5	
	Tatami-gela											K <10	K 6/13	K >13	K.NAGUSIAK	
Osteguna	Cycling-gela												Fit Bike 6	Fit Bike 7	Fit Bike 8	
	Soinketa-gela 1			Fit-Rope 1								Ballet 4/5	Ballet 5/6	Ballet 7/8	DBH2/3	Nagusiak
	Soinketa-gela 2				Pilates 1	Hipopres 1			Hipopres 2	DBH	Jazz 6/7		Zumba	Fit-integrala2	Hipopres 3	
	Tatami-gela											BENJAMIN	ALEB. INF.	SENIOR		
Ostirala	Cycling-gela															
	Soinketa-gela 1													DBH	Jazz. NAGUSIA	
	Soinketa-gelak: 1 / 2											D.klasik.I	D.Klasik.I+II			
	Tatami-gela											Jazz 6/7	Jazz 7/8	DBH		
													Judo LEHIAKIDEAK	Karate NAGUSIAK		